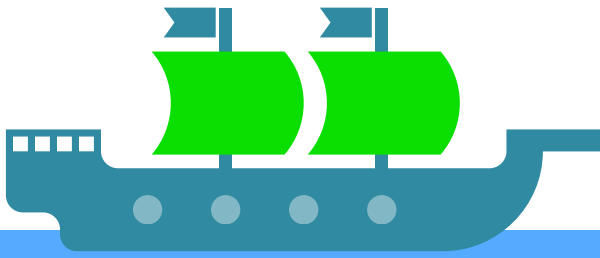




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7 Power Questions

TO STEER YOUR LIFE
IN THE DESIRED
DIRECTION

Would you be willing to invest 7 or 14 or 21 minutes of your life if that meant you could have more enthusiasm, success and fulfillment for years to come?

If so, turning the page is your first step towards the passionate life you REALLY want.

Interestingly, we very often know exactly what we don't want. But **we have no clue what we do want.**

However, the more **clarity** you have about **what really drives you**, the easier it is to walk towards the life you really desire.



An excellent way to win such clarity is to (re-)discover your passions.

In this document you'll find **7 powerful questions** that will get you in touch with your passions and desires.

Take **just 1, 2 or 3 minutes per question** and answer each one truthfully. Listen and see what comes up for you. Then **write it down.**

The list you create is very valuable. Use it to explore further. **It's a great starting point (or calibration) on your journey to the life you really want.**

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1. IF YOUR LIFE WAS
IDEAL, WHAT WOULD YOU
LIKE TO DO, HAVE AND
BE?

2. WHAT ACTIVITY LETS
YOU FORGET THE TIME
WHEN YOU'RE IN THE
MIDDLE OF DOING IT, AND
MAKES YOU FEEL REALLY
GOOD WHEN IT'S DONE?

3. IN THE SENTENCE, "I
WOULD LOVE TO
_____, BUT..." –
WHAT COMES BEFORE THE
"BUT"?

4. HOW DO YOU MOST LIKE
SUPPORTING OTHERS?

5. IF YOU KNEW YOU
COULD EARN 10 TIMES AS
MUCH AS YOU EARN NOW
WITH DOING AN ACTIVITY
YOU LOVE – WHAT
ACTIVITY WOULD YOU
SPEND MORE TIME ON?

6. HOW WOULD YOU LIKE
TO BE REMEMBERED?

AND HERE'S MY FAVORITE
QUESTION:

7. IF YOU KNEW IT WAS
COMPLETELY EASY AND
ABSOLUTELY NOTHING
COULD GO WRONG –
WHAT DESIRE, WHAT
PASSION WOULD YOU LIKE
TO FULFILL?

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Write down your answers. Revisit the questions in a few days and see what else comes up for you.

What do you notice about your answers? Go through them and ask yourself questions that will help you start doing things in a slightly different manner. For example:

How much time are you already spending on things you love? What do you want to make your first priority to have more focus on? What item on your list would be the easiest to implement?

And then **go ahead and do it!** Spend more time on the things you love, even if it's just a few minutes.

“ We are what we repeatedly do.
(Aristotle) ”

So - who do you want to be?

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Where are you headed?

Would you like some additional pointers along the way? Or an experienced tour guide to travel with you for a short time to speed up your journey?

If you'd like support in getting started on your more passionate life, there are a number of options:

- Come to my workshops, talks, webinars
- Read my articles and follow me on Social Media
- Book private coaching via telephone or Skype.

Just contact me at: info@elisabethpine.com

Sign up now at www.elisabethpine.com to make sure you don't miss any important information, offers, or updates.



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